NVNA and Hospice in the Community

Community Health Screenings

Monthly Blood Pressure

Plymouth COA	First Monday	12:30-1:30pm
The Elms, Hanover	First Monday	11:00-12:00pm
Hingham COA	First Tuesday	10:00 - 10:30am
Allerton/Hingham	First Wednesday	9:30 - 10:30 am
South Shore YMCA	First Thursday	9:30 - 10:30am
South Shore YMCA	Third Thursday	11:30 - 12:30pm
Inn@ SL/Kingston	Second Tuesday	9:30 - 10:30am
Prop. Green/Marshfield	Second Wednesday	10:00 - 11:00am
Pinehills/Plymouth	2nd & 4th Wednesday	9:30 - 11:00am
Allerton/Weymouth	Second Wednesday	1:00 - 2:00 pm
Milton COA	Third Tuesday	10:30 – 11:30am
Hanson COA	Second Tuesday	10:30 - 11:30am
Meeting House Lane, Hanson	Fourth Tuesday	10:30 - 11:30am

Monthly Blood Pressure and Blood Sugar

Marshfield COA	Second Tuesday	11:00 - 12:00pm
Norwell COA	Second Thursday	10:30 - 12:00pm
Norwell Gardens	Third Wednesday	11:00 - 12:00pm
Hanover COA (BS only)	Third Tuesday	9:00 - 10:00am
Duxbury COA	First Thursday	11:00 - 12:00pm
Joseph Crehan/Weymouth	Third Wednesday	9:30 - 10:30am

Wellness Clinics

Fenno House/Quincy	Fourth Thursday	9:30 - 11:30 am
Wollaston Manor/Quincy	Fourth Thursday	12:00 - 1:00 pm
Granite Place/Quincy	First & Third Thursday	9:30 - 11:30 am
Cherry Hill II /Plymouth	First Monday	11:00- 12:00pm
Marshfield Town Hall	Every Tuesday	9:00 - 10:30 am
Rockland COA	Third Thursday	10:00 - 11:30am
Rockland Town Hall	First Tuesday	11:00 - 12:30pm
Halifax Town Hall	Fourth Monday	11:00 - 12:00pm
Whitman Town Hall	Every Tuesday	1:00 - 4:00pm
Whitman COA	Second Wednesday	12:30 - 2:00pm
Whitman Harvard Court	Third Thursday	12:15 - 1:45pm

NVNA AND HOSPICE

781.659.2342

www.nvna.org

TOP 100 AGENCY 2015 HomeCare Elite

Community Support Groups and Programs

Alzheimer's Caregiver Support:

- Alz. Caregivers @ NVNA and Hospice, Second Wed, 10:30 - 12:00pm
- Alz Caregivers @NVNA and Hospice/Pinehills, Third Wed, 10:30-12:00,Call 508-418-4900

Bereavement Support Groups: **(Pre-registration is required for all groups)**
Various groups available throughout the year. Please call 781.659.2342 if interested.

Regional Bereavement Support Group: Every other Monday at 2pm, please call 781-848-1963

Brain Aneurysm @ NVNA and Hospice, Second Wed of Month 7pm-8:30pm, Sept-June

Diabetes Support @ NVNA and Hospice, First Mon of month, 10 - 11am, Sept-June

Arthritis Exercise @ Scituate COA, Mon & Fri, from 10-11 am, Sept—June

Maintain Your Brain @ Hingham COA, Third Tues, from 11:30 -12:30 pm
@ Norwell COA Second Monday from 11-12pm

Cancer Support Community—call 781-610-1490 for program information

A Matter of Balance—call 781-659-2342 x 413 for more information

PUBLIC HEALTH SERVICES

include public health nursing and community education for the towns of Halifax, Marshfield, Norwell, Rockland and Whitman.